Principal’s Report

HEADLINE - “Bega High School Students and Staff Ecstatic about Returning to School”

Welcome back to all our students and staff! A brand new year of wonderful engaging and motivational programs and experiences. That’s the real headline. So everyone should be ecstatic and expectant.

2013 does look like it will be a special year. This year will see the flourishing of Positive Behaviour for Success and a development of a new cultural shift for all the school community.

Staff attended the first day School Development Day and were briefed on PBS and how it will be programmed this year. Positive and rewarding teaching and learning will be the way forward at Bega High School. Staff rehearsed and discussed the use of positive language in the classroom, developing good relationships with students so that students and teachers can work cooperatively towards best outcomes and reaching potentials. The emphasis from every teacher will be to bring students back to what they should be doing and what is their job or responsibility.

Students are already seeing the direction. From the first assembly everyone knows that we will be focused on goal setting, knowing why we are here, where we are headed and developing a structure and a system to develop the resources and skills to be able to get there.

However, this positivity, goal setting and directed approaches will only work with cooperation from the students, staff and parents. As Principal, my direction will be to re-focus the school community towards positive success and experiences.

These newsletters, notes home, information on the school Website, electronic surveys, the school Moodle as well as our texting SMS service will bring information and updates home so that parents will know what is happening. There will be times when we will ask parents up to the school to be involved in similar training so that our school community is operating with the same knowledge and direction and language.

Rewards are a serious part of this new system of PBS. We have been developing our Everyday and Frequent merit awards through the SRC, the staff and the student body. Next week the school will vote on a selection of student and staff designed awards. The most popular design will win and students will be given these awards regularly for good behaviour, actions, disciplines, attitudes, citizenship.

Every two week assembly will see a draw of all student awards for a series of prizes to reward such behaviours. At the end of each term we will have larger prize draws to keep the momentum going. Staff will be rewarded too with prizes for taking part in this positive approach.

To help the school develop these programs and resources takes time and money to train staff and students and purchase books and equipment. Bega High School does not have a good reputation for collecting school contributions. We collect about 60% of student contributions from families. If we consider the small amount of money that we are given from the Department for our programs you can see that without this extra funding we cannot provide what we would like to provide for the student learning.

This year we would like to try a different approach. This is another positive reward plan. For students who have either paid their contributions and fees or have entered into agreements to have fixed instalments to pay, their name will go into raffle for an Ipad at the end of Term 1. This is an incentive program and reward to help the school gather much needed funds.

To assist further Bega High School is involved in a Direct Payment or Direct Debit program enabling parents to go directly to our website and make a Direct Debit payment. This will be up and running later in the term. We also encourage parents to see their banks about setting up a monthly direct debit so that a small amount each month will pay for all fees and charges and parents will not have a big bill to pay at the end of the year.

DER Laptops Roll Out 2013 – The laptops have arrived for Year 9 and this will be the last Federally funded rollout of Digital Education Revolution technology. Bega High School has decided to continue the same routine as in past years and put them in the hands of Year 9 students though we have a flexible choice of other strategies. Year 9 students will be trained in use and management of the laptops according to the Laptop User and Loan Charters over the next few weeks.

Around the middle of the term Parents and students of Year 9 will be invited to a celebratory Information Evening to receive the laptops and sign User Charters. The emphasis will be strongly on appropriate and responsible usage of the laptops as a 21st Century Learning tool. More information is coming and parents and students will receive a letter shortly to explain the arrangements.

Finally, on a not so positive note. In consultation with the local police we understand that there is a drug problem in the township of Bega. As a school we have curriculum and programs that teach students at different levels about the dangers of drugs of any kind. We have strong policies through the Department of Education and Community Services on smoking, drugs and alcohol.

We are in strong opposition to any illegal drug use in the school and within our student body. We would like to work closely with the school community to prevent drug use. We ask all parents to contact the police or the school if they have any suspicion of anyone influencing students or others in the use of drugs. We also want to state our confidential support for parents who have suspicions of their children being
involved in the use of drugs of any kind. Feel confident in contacting me or the school about these issues.

Again, welcome back. The door is always open and if you have any concerns please contact me or the staff at Bega High School

John Salmon
Principal

Coming Events

Wednesday, 6th February:
• School Swimming Carnival (see article for details)

Friday, 8th February:
• Year 12 University of Wollongong Discovery Day

Tuesday, 12th February:
• P & C Meeting

Wednesday, 20th February:
• Year 12 Show team to Canberra Show (3 days)

Term 1 Sport Choices 2013

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<tr>
<th>Sport</th>
<th>Venue</th>
<th>Cost</th>
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<tr>
<td>Basketball</td>
<td>School</td>
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<tr>
<td>Badminton</td>
<td>Canteen</td>
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<tr>
<td>Beach Sports 1</td>
<td>Tathra</td>
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<td>Beach Sports 2</td>
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<td>Cricket 1</td>
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<td>Fishing</td>
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<td>Futsal 1 &amp; 2</td>
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<td>Bega Golf Club</td>
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<tr>
<td>Rugby Union 15 Girls</td>
<td>Athletics Field</td>
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<tr>
<td>Rugby Union 15 Boys</td>
<td>Athletics Field</td>
<td>Nil</td>
</tr>
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<td>Strength &amp; Stretch</td>
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<td>Nil</td>
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<td>Softball</td>
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<td>Squash</td>
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<td>Surfing</td>
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<td>Surf Survival</td>
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<tr>
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<tr>
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<td>Volleyball 1, 2 &amp; 3</td>
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<td>Velocity</td>
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<tr>
<td>Yoga</td>
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Bega High School Uniform Shop
Open each Thursday of the school term
8.30 am to 4:00 pm
For enquiries phone: 0417028864

Bega High School Swimming Carnival 2013
Wednesday, 6th February
Venue: Bega Pool

Cost: $3.50 (Season ticket holders exempted)

Dear Parents/ Caregivers,

This is a reminder to all parents and students that the annual Bega High School Swimming Carnival is on Wednesday 6 February 2013. Once again it is a whole school carnival for year 7 to 12 and all students are expected to attend like any normal school day.

Buses will drop off and pick up students from the pool.

Roll call will be in the pool grounds at 9.10 am and again at 3.15 pm with your normal roll call teacher.

All students will be encouraged to participate in at least their age race, (33m Freestyle) and there will also be novelty events throughout the day (singlet relay, boogie board relay, human chain).

House groups for the carnival are allocated to the student’s first letter of their surname:
• Balmain: A - D (Green)
• Evershed: E - K (Black & White)
• Luff: L - R (Blue)
• Peden: S - Z (Yellow)

The swimming carnival is a fun day and will be made even better with participants entering events and having a go, so please encourage your son/daughter to enter events.

Canteen and BBQ will be provided if students wish to purchase their lunch.

In the case of inclement weather, a message will be broadcast on the local radio stations (2EC, Power FM and also ABC). Please do not ring the stations.

Don’t forget to slip, slop, slap and wrap.

Yours in Sport
Mrs J Green   Mr J Salmon
Head Teacher PDHPE   Principal
Bundabung Blitzed By Bega Bikers

The Bundabung Inter-schools MTB relay event was held 14 December 2012 on a 3 km single track at Tathra.

Nine schools and 108 riders competed in this team relay event – winning teams were those who rode the most laps, over the three hours.

Bega High entered nine teams, with two Bega teams winning in their category – congratulations to Tim Hall and Cameron Burns, of ‘Team Red Shift’ and also Wade Wilton, Blake Dowling, Caelan Dixon of the ‘Prestige’ team.

The event was not about winning, but participation, so congrats to all who riders, for giving it their best shot, and especially the team ‘Green Freckles’, the first time Bega High has been represented by an ‘all girl’ team.

Thanks to everyone involved –
- especially Andrew Johnson and the volunteers at Tathra Mountain Bike Club
- Jake and Emma at Tathra’s Bike and Beach
- the Tathra Lions Club for the BBQ
- the parents who supported and drove our riders to the event
- Jamie Carrett who drove students and helped on the day
- Nic Hoskins, a Bega High student, who was really helpful on the day
- me for writing this newsletter item

If you missed out on this great day…….. there are lots more cycling events in 2013 including:
- The Ride to School Day on 22 March, where we ride from Tathra to Bega – if teachers can do it, anyone can - would be nice to have some parents along too!
- The Coondoo Classic, on May 2013 (date yet to be fixed), where we hope to send Bega High teams, to take on the mighty Vincentia High, and other local schools at Nowra

Happy Cycling
Vincent Weafer
Mr Jamie Carrett’s taxi

Team ‘Prestige’ – Junior Boys’ winners

Team ‘Red Shift – Intermediate Boys’ winners

Tim Hall - bloodied
Volunteers Needed!
For Bega High School Canteen

Bega High School canteen is preparing its 2013 duty roster.

Shifts are once per month with two volunteers working 9:30 am – 1:45 pm

Canteen duty is fun and it is a great way to catch up with your children and their friends at High School.
It is a rewarding way to support your school!

If you were a volunteer last year and did an early shift but cannot commit to doing the longer shift this year, please let me know.

If you can help, please phone Jenni on 6492 9011 between 8.30 am – 2.00 pm.

Bega High School
Absentee Hotline: 6492 9010

If your child is going to be absent from school, please telephone with the following information:

Student Name  
Roll Class  
Date of Absence  
Reason for Absence  
Your Name

All other enquiries: 6492 9000

SECONDHAND UNIFORMS FOR SALE

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<tr>
<th>ITEM</th>
<th>SIZE</th>
<th>COST</th>
<th>CONTACT</th>
<th>COMMENTS</th>
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<tr>
<td>Sports Polo (boy)</td>
<td>12</td>
<td>$10.00</td>
<td>0477 987 635</td>
<td>Good condition</td>
</tr>
<tr>
<td>Summer Shorts (boy)</td>
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<td>Junior Polo (boy)</td>
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<td>$12</td>
<td>0477 987 635</td>
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<td>Sport Shorts (boys, short)</td>
<td>12</td>
<td>$15.00</td>
<td>0477 987 635</td>
<td>Good condition</td>
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</table>

Community Noticeboard

Material relating to students will be advertised at the Principal’s discretion and does not necessarily reflect the views of this school. No cost to non-profit making organisations.

Bega Netball Registrations - Fun, Fitness, Friends
Play netball! All ages, all levels of play catered for.
All games at Bega netball courts.
First day of play - Saturday 2nd March.

The popular Net Set Go program will be held for members turning 9 and under on Saturday mornings (from 2nd March) at the courts.

Registration days will be held at the clubhouse on:
Wednesday 6th Feb – 4 pm – 6 pm
Saturday 9th Feb - 10 am – 12.30 pm
Saturday 16th Feb - 10 am – 12.30 pm

Registration fees:
5 – 7 yr olds (as at 31/12/13): $50.00 -
8 – 9 yr olds (as at 31/12/13): $70.00
Fees for 5 – 9 year olds includes a Net Set Go goodie bag
10 yr olds (as at 31/12/13): $70.00
11-17 yr olds (as at 31/12/13): $80.00
18 yrs and over (as at 31/12/13): $95.00

Phone Cathy on 64923987 or email rjandcj@tpg.com.au for more info.

Shoalcoast Community Legal Centre
SOUTH EAST NSW WOMEN’S LEGAL SERVICE

FREE LEGAL ADVICE
FOR WOMEN IN SOUTHERN NSW

A solicitor will be in Bega on:
Thursday, 21st February
Thursday, 21st March
Thursday, 23rd May
Thursday, 20th June
Thursday, 25th July
Thursday, 22nd August
Thursday, 26th September
Thursday, 24th October
Thursday, 21st November
Thursday, 12th December

At the Women’s Resource Centre, 14 Peden Street Bega

Appointments are necessary – Freecall 1800 229 529
Mobile phones may incur a charge. We can phone you back.
Tathra Minor Rugby League
is looking for a Coach in all grades for the 2013 season.
All coaches are to be accredited or willing to do the Coaches
course.
We are also looking for an interested person/persons to help
with the running of the Canteen. It is totally voluntary position.
If anyone is interested please contact
Raelene on 0438 605 120 or
Mick on 0438 350 922

Merimbula basketball
will be holding registration days on
Friday 15th February from 5.30 - 6.30 pm and Saturday
16th February from 10.30 am - 11.30 am at the
Ford Park courts in Merimbula.
Registration costs for primary school players (Saturday
mornings) are $50, high school players (Friday nights) cost
$50 plus $2 per game, and Seniors (Ladies and Men - Friday
nights) are $60 plus $3 per game. For any enquiries please
contact the following co-ordinators:
Hoops and 12’s (primary school players) phone
Kelly on 0427 952 690
Juniors (high school players and U19s
phone Joan 0431 919 560
Senior Men please call Michael on 0421 945 782, and
Senior Ladies contact Tegan - 6494 2819 or
Sally - 0448 013 647.

Bermagu Country Club Tennis Centre
Term 1, 2013, Tennis Coaching Programs
Term 1, Tennis Coaching: 31 January – 6 April, 2013
Term Fee: $90
Thursdays  4 - 5 pm  Beginners-Intermediate
           5 – 6 pm  Intermediate - Advanced
Fridays    4 – 5 pm  Beginners - Intermediate
           5 – 6 pm  Advanced
           6 – 7 pm  Super Squad
Saturdays  9 – 10 am  Beginners - Intermediate
           10 – 11 am  Intermediate - Advanced
           11 - 12 noon  Junior Super Squad
All Enrolments, Enquiries and Private Lessons:
Please ring Marshal McMahon:  0417 331 383
Or Reception at the Bermagu Country Club 02 6493 4340
www.bermaguicountryclub.com.au  Click Tennis for info

Junior Golf Competition at Tura Beach Country Club
Tura Beach Country Club is proposing at 6 hole golf
competition for juniors 10 years of age or over to be played at
4:30 pm on Fridays.
A competition fee of $2.00 will give you the opportunity to win
a ball and have some fun with your mates. Male and female
juniors can expect some great times playing at the Tura
Beach Country Club.
To register you interest ring Tura Pro Shop on 6495 90 68
Jim Brabazon, Junior Promotions Officer

Student Exchange – Memories and Skills for a Lifetime!
Give your child the opportunity to gain international
experiences and language skills to kick-start a future career.
Along with distinct language benefits, exchange
students mature, gain confidence and develop a much more
worldly approach upon their return to Australia.

World Education Program Australia (WEP), a not-for-profit student exchange
organisation registered with the education departments, is now accepting
applications for students to live overseas in 2013/14 as exchange students for a
summer, semester or year.

WEP is offering two $3000 scholarships

Tours and Study Abroad programs to Argentina and China
commencing in 2014.

Find out more!
• Visit www.wep.org.au
• Attend one of WEP’s information evenings
• Call 1300 884 733
## Bega High School Canteen Menu 2013

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Daily</th>
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</thead>
<tbody>
<tr>
<td>Sweet Chilli Burger $3.00</td>
<td>Chicken Burger (lettuce and mayo) $3.00</td>
<td>Fresh Wholemeal Salad Rolls $3.50</td>
</tr>
<tr>
<td>Toasted Turkish Bread</td>
<td>Toasted Tandoori Wrap $3.00</td>
<td>Chicken Tender Salad Wrap $3.50</td>
</tr>
<tr>
<td>(Ham, Cheese and Pineapple) $3.50</td>
<td>Hot Garlic Rolls $1.00 each</td>
<td>Seasonal Fruit $1.00 per piece</td>
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<tr>
<td>Pizza Singles $2.50</td>
<td>Toasted Ham/Cheese Sandwich $3.00</td>
<td></td>
</tr>
<tr>
<td>Spinach &amp; Ricotta Roll $3.00</td>
<td>Vegie Pastie $3.00</td>
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</tr>
<tr>
<td>Cheese and Bacon Pie $3.50</td>
<td>Pizza Rounda $2.50</td>
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<tr>
<td><strong>Weekly Total</strong></td>
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<tr>
<td><strong>Monday</strong></td>
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<tr>
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<tr>
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<td>Toasted Tandoori Wrap $3.00</td>
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<tr>
<td>(Ham, Cheese and Pineapple) $3.50</td>
<td>Hot Garlic Rolls $1.00 each</td>
<td></td>
</tr>
<tr>
<td>Spinach &amp; Ricotta Roll $3.00</td>
<td>Toasted Ham/Cheese Sandwich $3.00</td>
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</tr>
<tr>
<td>Sausage Roll $3.00</td>
<td>Vegie Pastie $3.00</td>
<td></td>
</tr>
<tr>
<td>Potato Top Pie $3.50</td>
<td>Hot Garlic Roll $1.00 each</td>
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<tr>
<td><strong>Weekly Total</strong></td>
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<tr>
<td><strong>Wednesday</strong></td>
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<tr>
<td>Sweet Chilli Burger $3.00</td>
<td>Chicken Burger (lettuce and mayo) $3.00</td>
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<tr>
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<td>Toasted Tandoori Wrap $3.00</td>
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<td>(Ham, Cheese and Pineapple) $3.50</td>
<td>Hot Garlic Rolls $1.00 each</td>
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<td>Vegie Pastie $3.00</td>
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<td>Hot Garlic Roll $1.00 each</td>
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<td><strong>Thursday</strong></td>
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<td>Toasted Tandoori Wrap $3.00</td>
<td>Toasted Turkish Bread</td>
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<td>(Chicken/Cheese/Sundried Tomato) $3.50</td>
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<td>Potato Top Pie $3.50</td>
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<tr>
<td>Vegie Burger with salad $3.50</td>
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