Principal’s Report

A focus of many of the events and activities of the last couple of weeks has been leadership.

At the recent induction of school and house captains at Bega Valley High School I spoke to students about leadership often being seen in actions and in different attitudes, not always by a person who is given the title of leader. There have been several instances where students and staff have taken on new roles, represented the school, put themselves in new situations and exemplified respect, responsibility and effort, making for many interesting items for this particular newsletter.

The State Governor, General David Hurley, visited the Shire last week and was greeted by representatives of the student body at the Far South Coast National Show. Congratulations must go to Georgia Burgess, James Burgess, Anthea Charalambous, Amelia Curtis, Morgan Durrant-Curtis, Matthew Gibbs, Jayden Harris, Joccoaa Lee, Noah Pittolo, Gabrielle Smedley, Louise Stewart, Tim Stoddard and Mr David Britton for making the governor and his wife welcome, and confidently engaging with members of the Bega Show committee.

Students completing Food Technology in year 10 have been doing their best to engage with and teach younger students about healthy eating in their course work. Year 1 and Year 2 students from Bega Valley Public have been visiting the school for themed parties. Leadership in the form of teamwork in planning, preparing and serving the food have been a feature of these events. Class teachers, Mrs Maria Hay and Miss Louisa McPherson have been most impressed with the standard of work and the creativity of the year 10 students. Their guests have been most impressed with the hospitality shown and the tasty foods on offer.

Year 12 Hospitality students have opened a new restaurant – Dei Cucino – catering for staff and parents, each fortnight at lunchtime and presenting various menus throughout the year. Students not only develop essential skills in food preparation, kitchen operations, and front of house service, but their leadership, teamwork and cooperative skills are on show for all to see. You can ring Mrs Jennie Smith for more details and reservations.

Year 7 students have recently visited Bournda Environment Education centre for fun and games in the bush. Overnight camps were organised by Mr Freedman and Mr Green, in our ongoing efforts to ensure students form good relationships with their peers and learn a little more about themselves as friends and future citizens.

Don Green, along with the year 7 group and their teachers, have taken on the task of Cleaning Up their part of Australia on Friday 27th February. While it is a long-held tradition that year 7 students participate in this activity, each year brings new challenges in the school and its surrounds. The students and staff are to be commended for their leadership and example in supporting community action and taking on the responsibility for making their environment more pleasant and safe.

One initiative stemming from the Bega High School Community Partnership is the establishment of a Junior Aboriginal Education Consultative group (AECG). It is modelled on the adult counterpart. Members of the Bega AECG, Dennis Scott and Sharon Perry, have been the driving forces behind the initiative. In cooperation with Mark Rose, Doug Whitaker and Jenny Mace, Aboriginal students and their parents were introduced to the structure and importance of the leadership group at a barbecue lunch on Wednesday 18th February. Many students nominated to be part of the representative group and voting took place on the next Monday. Doug Whitaker is now coordinating a very enthusiastic group of students who are to be congratulated on taking on new roles and new responsibilities within the school and their community.

The school’s SRC will be canvassing students regarding both positive and negative aspects of student interactions – while the school is No Place for Bullying, we need to know more about how the school community can ensure student and staff safety and wellbeing. In the booklet that was recently distributed directly to students, and in the mail, there is information about bullying and appropriate responses and actions against bullying and harassment. Students and families are encouraged to talk to someone before issues affect health and happiness. The school is also registered to complete two surveys – one is in conjunction with the University of South Australia and the other is a Tell Them From Me Survey that has a broader range of questions for students. Both will be used to inform planning into the future. The university survey requires schools to manage staff,
student and parent information letters and the completion of surveys by the middle of term two. The Tell Them From Me student survey will be coordinated by Mr Banks and Mr Hain and students can do the survey at school.

Accompanying a recent mail out of invoices for subject fees and other school contributions was a booklet designed to advance everyone’s knowledge of processes and policies for success at Bega High School. We hope that everyone has at least one copy to refer to at home. All students have also received their own copy and we welcome feedback and questions. Another excerpt from the booklet is included in this newsletter – What happens if…? (see page 6)

The school’s Strategic Plan is now ‘under construction’. At the next P & C meeting on Tuesday 10th March parts of the plan will be presented for discussion and expansion so that the 2015 – 2017 plan is relevant and accessible. Everyone is welcome at 5.30 pm.

Mrs Linda Thurston
Relieving Principal

SRC forms Guard of Honour for Governor at Bega Show

Students from the Bega High School Student Representative Council formed a Guard of Honour for the Governor of NSW, His Excellency General, The Honourable David Hurley at the Official Opening of the Far South Coast National Show on Friday night (20 February).

Bega High School
Absentee Hotline
6492 9010

If your child is going to be absent from school, please telephone with the following information:

Student Name
Roll Class
Date of Absence
Reason for Absence
Your Name

All other enquiries
6492 9000
Year 12 Photography success at Bega Show

Two Year 12 Photo/Video students, Meg Warby and Sally Lausch, were awarded both first and second prizes, in the recent Bega Show, Photography Award. They entered their images in the black and white photography section and developed their winning photos in the darkroom at school.

Both Sally and Meg along with Tiffany Street took all the photos at last year’s Year 12 Formal and are gifted and talented photographers who always conduct themselves in a professional manner.

Congratulations to both Sally and Meg, for their well-deserved recognition.

Ms de Vere
Photo/Video teacher

Bega High School Uniform Shop

Open each Thursday of the school term
8.30 am to 4:00 pm

For enquiries phone: 0417 028 864
Film Making Workshop at Merimbula Wharf

On Tuesday 9th December, fifteen keen and enthusiastic students from Bega High School attended a film making workshop at Merimbula wharf. The workshop was hosted by CDAT/Mindbenders and organised by Paul Brunton. It comprised of a speed dating, fast paced workshop for budding film makers with access to four industry professionals, including: Brent Occleshaw Film Maker, Chris Sheedy, Sound Recordist, Paul MacGyver, Photographer/Film Maker and Jodie Dickinson Film Maker.

Topics covered included Sound Recording, Film Making on your phone, Apps and Programs, Filming, Lighting, Script Writing, Rendering for the web, Editing and how to make money out of your videos.

Students from Year 11 Photo /Video and four Year 10 students (2104) who are studying Photo/ Video this year all represented our school in an outstanding manner and Meg Warby a Year 11 Photo/Video student gave a beautiful thank you speech at the end of the workshop that expressed how much they appreciated the experience.

Students from other schools on the Sapphire Coast also attended therefore the number of students who could attend from each school was limited to a small group. However this proved to be an advantage as those who did attend were able to experience the invaluable knowledge that each film maker shared with the students on a one to one bases.

Judith de Vere
Photo/Video teacher
**PE /SPORTS UNIFORM**

- The PE /Sports uniform is navy blue/light blue shorts, navy blue/ light blue and white shirt and appropriate sport shoes.
- The PE /Sports Uniform can be worn to school on the day that students have PE, Sport, SLR and/or PASS practical lessons.
- The PE/sports uniform is required to be worn for personal hygiene, identification, sun protection, equality, and to keep the school uniform clean.
- If the uniform is in the wash, alternate clothes may be worn with the student needing to get changed at the start and end of the lesson.
- Unsuitable clothes for practical lessons include school uniform, those with offensive words/designs, casual footwear- thongs, sandals, high heels, etc.
- **Failure to wear PE uniform** will be noted on the class teachers roll as the student is not coming prepared for activities.
- **Repeat Offenders**: will be liable to the following actions:
  - 4th time an interview with the teacher
  - 5th time an interview with the Head Teacher PDHPE
  - 6th without gear a demerit
  - Continued failure may result in a monitoring card and an unsatisfactory report

Mrs Green  
Head Teacher  
PDHPE

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**Careers Information**

**Careers Lessons**
This year, I am giving timetabled Careers lessons to all Year 10 students. The classes are based on the Year 10 Science groups.

The lessons are designed to introduce all the students to a variety of concepts and useful tools to help them plan their career progression after school. In previous years this has been done on a one-to-one basis with the students (which can still happen), along with lessons in Term 1 only.

All the classes are in computer labs, so students will be able to use and learn about the many sites available for useful career planning.

**The Careers Moodle**
Parents and students can access this site online- using the student’s Bega High School username and password – so that any missed lessons can be easily caught up. The Moodle is being developed to be a place that students can turn to for all the resources they’ll need for planning their future.

**Tax File Numbers**
As advertised in the Newsletter last year, the Australian Tax Office has ceased allowing schools to use special forms to let students use to get a TFN. Australia Post now verifies documents needed to get a TFN. Information about the process is available on the web at: [www.ato.gov.au/TFNapply](http://www.ato.gov.au/TFNapply)

**Work Experience**
All Year 10 students are expected to complete a week’s Work Experience during the year as part of their Careers program. Whether a student has completed or not completed this requirement will be noted on their end-of-year report.

**WorkCover** will be giving a presentation to all students in their Week 8 Year Meeting, addressing safety in the workplace. After this presentation, all students will be expected to start thinking seriously about their time with an employer.

**Note** - All students need to talk to me first before organising any placement so that I can ensure that the placement meets all NSW DEC guidelines.

Steve Diprose  
Careers Adviser

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**FREE DENTAL TREATMENT**

The School Dental Service operates in the Bega Valley from the Pambula Community Health Centre. Appointments are available for all children from Pre-schoolers to 17 years of age. Any adult with a Health Care Card is also eligible.

You can access the service by ringing 1800 450 046 with your Medicare Card ready.

The service is orientated to prevent decay by providing early intervention with high priority going to pre-schoolers. Usually fissure seals and fluoride treatment feature in a child’s treatment plan, reducing the chances of tooth decay.

Children in pain are also treated as a high priority with emergency appointments put aside. Government Teen Dental Plan vouchers are accepted here, encouraging youth to remain in the service.

FOR ALL DENTAL APPOINTMENTS & ENQUIRIES  
PLEASE TELEPHONE THE ORAL HEALTH INTAKE SERVICE FREECALL 1800 450 046
### What happens if ...?

<table>
<thead>
<tr>
<th>A student is not following class rule/s</th>
<th>Class teacher imposes a sanction</th>
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</thead>
<tbody>
<tr>
<td>Teacher reports issue on Millennium</td>
<td>e.g. Moving the student within</td>
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<tr>
<td>Teacher refers behaviour to relevant</td>
<td>the classroom; confiscation of</td>
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<tr>
<td>person and/or Equity Team</td>
<td>phone</td>
</tr>
<tr>
<td>Continued inappropriate behaviour</td>
<td>Referred to HT</td>
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<tr>
<td></td>
<td>Issue yellow demerit slip</td>
</tr>
<tr>
<td>Ongoing / escalated behaviour –</td>
<td>School detention</td>
</tr>
<tr>
<td>record instances on Millennium and</td>
<td>Contact with parent/carer</td>
</tr>
<tr>
<td>refer to DP</td>
<td>Time Out</td>
</tr>
<tr>
<td></td>
<td>Parent contact</td>
</tr>
<tr>
<td></td>
<td>Monitoring Card x 5 days</td>
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<td></td>
<td>Non-participation while on</td>
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<td></td>
<td>monitoring in non-mandatory</td>
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<tr>
<td></td>
<td>activities</td>
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<tr>
<td></td>
<td>Referral to HT</td>
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<tr>
<td></td>
<td>Referral to Equity Team</td>
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</tbody>
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<table>
<thead>
<tr>
<th>A student is not following playground rule/s</th>
<th>Teacher imposes a sanction</th>
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</thead>
<tbody>
<tr>
<td>Teacher reports issue on Millennium</td>
<td>Referral to HT Playground Duty</td>
</tr>
<tr>
<td>Teacher refers behaviour to relevant person through Millennium</td>
<td>E.g. YA, DP, AEO, HT Welfare</td>
</tr>
<tr>
<td>Continued inappropriate behaviour</td>
<td>Issue yellow demerit slip</td>
</tr>
<tr>
<td>Ongoing / escalated behaviour –</td>
<td>School detention</td>
</tr>
<tr>
<td>record instances on Millennium and refer to DP</td>
<td>Contact with parent/carer</td>
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<tr>
<td></td>
<td>Time Out</td>
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<tr>
<td></td>
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<td></td>
<td>activities</td>
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<td></td>
<td>Referral to Equity Team</td>
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</tbody>
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<thead>
<tr>
<th>A student is not following excursion rule/s</th>
<th>Student reminded of requirements and expectations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teacher contacts school</td>
<td>Separate supervision on excursion</td>
</tr>
<tr>
<td>Ongoing / escalated behaviour –</td>
<td>Parent contacted</td>
</tr>
<tr>
<td>record instances on Millennium and refer to DP</td>
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<tr>
<td>return to school</td>
<td></td>
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</table>

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<thead>
<tr>
<th>A student is not attending a class or classes</th>
<th>Teacher records absence on roll</th>
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</thead>
<tbody>
<tr>
<td>Attendance and Engagement Officer views</td>
<td>Monitoring card issued x 5 days</td>
</tr>
<tr>
<td>absence reports</td>
<td>Parent contact via letter/SMS/phone</td>
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<tr>
<td></td>
<td>Meeting with parent and student</td>
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<td></td>
<td>HSLO referral</td>
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</tbody>
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<thead>
<tr>
<th>A student does not have monitoring card signed and/or does not report each day</th>
<th>Supervisor of the monitoring card imposes sanction/s (refer to card)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Extra day/s of monitoring</td>
</tr>
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<td></td>
<td>Time Out Room</td>
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</tbody>
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<table>
<thead>
<tr>
<th>A student is not in a supervised area – out of bounds</th>
<th>Teacher reminds students of supervised areas</th>
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</thead>
<tbody>
<tr>
<td>Teacher records incident on Millennium and refers it to HT on duty</td>
<td>Student allocated an area for break times e.g. foyer near DPs</td>
</tr>
<tr>
<td>Repeated instances of out of bounds</td>
<td>School detention</td>
</tr>
<tr>
<td></td>
<td>Parent contact via yellow demerit slip</td>
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<tr>
<td></td>
<td>Time Out Room + monitoring x 5 days</td>
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</tbody>
</table>
Community Noticeboard

ADVERTISING

Material relating to students will be advertised at the Principal’s discretion and does not necessarily reflect the views of this school. No cost to non-profit making organisations.

Tathra Minor Rugby League are registering new and existing players. Cost is $95 per person. All players welcome. New players need to bring along a copy of their birth certificate or passport. The competition kicks off with a home game on Sat 14th of March 15. For more information ph: ROW ELLARD on 0410652970

Shoalcoast Community Legal Centre
SOUTHEAST NSW WOMEN’S LEGAL SERVICE

FREE LEGAL ADVICE
FOR WOMEN IN SOUTHERN NSW

A solicitor will be in Bega on:

Thursday, 10 March
10 am – 12 noon
Bega Outreach clinic via Skype
on Mondays 9:30 – 11:30 am
2 & 23 March
6 & 27 April
4 & 25 May
8 June

At the Women’s Resource Centre, 14 Peden Street Bega
Appointments are necessary – Freecall 1800 229 529
Mobile phones may incur a charge. We can phone you back

For Sale by Tender
4 channel Mixer/Amplifier
Tenders close 10 March
For details and submission of tender please contact
Brenda Montgomery at Bega High School
Ph: 64929000

Swing Fit’s Pilot Program
The new fun and healthy way for ladies to learn and improve their golf

What is Swing Fit?
Swing Fit is a new introductory program run by Golf Australia for females. Swing Fit is a relaxed, welcoming and fun environment to learn and improve your golf.

Swing Fit promotes social and partner driven activities and helps with skill acquisition by learning / improving the basic golf swing and putting.

Swing Fit promotes health and conditioning as the whole body benefits from exercise in golf.

Swing Fit’s Pilot Program comprises four x 75-minute sessions
Session 1: Monday, 9 March
Session 2: Monday, 16 March
Session 3: Monday, 23 March
Session 4: Monday, 30 March

All sessions held at the Bega Country Club.
All sessions commence at 1:00 pm and finish at 2:15 pm.
The program price is $100.00 per person.

All equipment is provided. You’re also welcome to bring your own equipment if you prefer.

Bookings are Essential
Please call the Pro Shop on 02 6496 1054, email, or call Lisa Newling on 0417 485 635.

Please feel welcome to bring a friend. Swing Fit is great for regular golfers, and is also a perfect opportunity for someone who’s always wanted to give golf a go.

June 5 - 8th 2015.
The festival directors are considering hosting a community stage to showcase the talents of the broader region, and give community and school choirs, bands and ensembles an opportunity to perform at the festival, meet, network and have some fun!

The performance day will be either Sat 6th June or Sun 7th June, and all group members would be provided with wristbands for the festival for the entire day, so when groups are not performing they can enjoy the whole festival at their leisure.

At this stage I am seeking expressions of interest from groups who might be interested in participating.
If you would like to receive further information, please contact:
Sally Harris
Perisher Peak Festival
M: 0432 927 005
sallyharris@peakfestival.com.au
2015 BEMBOKA TRIATHLON
SATURDAY MARCH 21
BEMBOKA POOL

Register at any pool in the Bega Valley, Cooma or Bombala or request forms at friendsOfBembokaPool@gmail.com
Entry fee is $30 for Adults and $15 for Children (under 16)
All entrants must sign in by 8:00am
ALL AGES ARE MORE THAN WELCOME!
Register by March 7th and get a free T-Shirt!

Includes Mini Triathlon!

3km Run
(1km Mini)

11km Cycle
(2km Mini)

300m Swim
(100m Mini)

Event organised by the “Friends of Bemboka Pool Inc.”

Katungul Aboriginal Corporation
Awareness Forum

ICE

ADDITION
HAS TORN MY FAMILY APART

Location: Moruya Bowling Club
Address: Shore Street Moruya
Date: 3.3.2015
Time: 9.30am till 1pm
Contact: Steve Jackson
Katungul AMS: 4476 2155 Mob 0410522968

Australia Post now verifies your ID for tax file number applications

Go to www.australianpost.com.au/IDverify to find out more.

MacKillop Family Services

Break the Mould

Foster carers come in all shapes and sizes!

MacKillop foster carers have varied backgrounds, lifestyles, cultures and family situations.

But they all share a passion for improving the lives of children and young people.

Sound like you?
Find out more about helping change a life today.

Call us on 1300 791 677
Or visit mackillop.org.au/fostercare
WHAT IS THE FAMILY ENERGY REBATE?
The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to $150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to $155 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

WHAT DO I NEED TO DO BEFORE I APPLY?
Before you apply, here's a quick checklist. Have you:

- Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- ONLINE – It takes just two minutes to submit an application. Processing starts immediately.
- PAPER – Download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

AM I ELIGIBLE FOR THE REBATE?
To be eligible you MUST:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

APPLY ONLINE NOW!
STUDENT NAME: ____________________________ ROLL CALL: ________________

DATE(S) ABSENT: _______________________________________________________

Reason for absence or leave:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Parent/Caregiver Signature _______________________________________________ Date ____________

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