**Mission Statement**

Bega High School is committed to providing excellence in education, which prepares all students to contribute responsibly to a changing world by preparing students to be:

- Skilled lifelong learners
- Balanced in their life
- Skilled problem solvers and decision makers in relation to all aspects of their lives
- Responsible and compassionate citizens
- Self-confident
- Valued group participants

**Principal’s Report**

Welcome back to all students and families to what promises to be another busy and productive term. Our first week has also seen two teachers join the Bega High School staff and we also welcome a new member of the School Administration Staff.

Grace Barini has joined the HSIE faculty as a newly appointed teacher. We welcome her from Sydney and we look forward to seeing Grace develop her skills as a member of the teaching profession, under the stewardship of teachers in the ‘super staffroom’.

Also joining Grace in the busiest staffroom in the school is Christine Murray, an experienced English teacher who has transferred from west of the great divide. It is exciting to have new teachers bringing a range of ideas and experience to Bega students and the community.

As we welcomed new staff members, we also farewelled two other long-serving teachers from Bega High School. Brian Pevitt, a PDHPE teacher extraordinaire, retired from teaching and his efforts and commitment were acknowledged by his colleagues on Monday 20th April. Michelle Basili received a transfer, literally on the last day of term 1, and has moved back to Sydney to teach at Auburn Girls High School. Both teachers will be missed by staff and students alike, and were both known for their passion for and professionalism in the time at Bega High School.

In the office, Jodie Cronk has joined other SASS, replacing the recently-retired Nola Williams. Jodie splits her time between Bega and Merimbula and is a welcome addition to our valued school administration.

The first day of term 2 was a day for all staff to continue their learning about strategies for protecting students’ wellbeing, and then to learn about a new Performance and Development Framework designed to allow all staff to identify professional goals and work towards those goals with the support of colleagues and supervisors. Teachers also spent time identifying strategies for enhancing student achievement throughout their secondary education, particularly from Year 10 and into work or further study.

One way to ensure success of all students is for them to be at school and in all lessons - engagement in learning - making the most of all the learning and opportunities available in the classroom and beyond, then to be able to expand their knowledge and skills and give themselves more career and study options. Please contact the school if you have questions about your child’s attendance, progress and achievement.

The school will continue to monitor and report on attendance and engagement through phone calls, SMS and letters, and in reports so that we can work together to help students get the most out of their time at Bega High School.

Please take note of the Coming Events later in the newsletter – we look forward to meeting with you for Parent Teacher nights, special performances as part of the Sapphire Coast Learning Community, and NAIDOC celebrations, to name just a few of the many events this term.

**Mrs Linda Thurston**  
Relieving Principal

**Coming Events**

**Tuesday, 28 April:**
- Aboriginal Girls’ Breakaway Group

**Wednesday, 29 April:**
- Year 7 Vaccinations
- Personalised HSC Exam timetables released

**Thursday, 30 April:**
- U15’s Boys AFL at Monaro High School, Cooma

**Friday, 1 May:**
- Rugby 7s at Canberra Stadium

**Monday, 4 May:**
- Plein Air Workshop for 20 students for Years 9 & 10

**Tuesday, 5 May**
- Year 11 Rotary Driver Awareness Program at Frogs Hollow

**Wednesday, 6 May:**
- AFL Gala Day at Bega Rec. Grounds – 10.7 PASS class

**Friday, 8 May:**
- Zone Cross Country Run at Wolumla

**Tuesday, 12 May:**
- NAPLAN tests for Years 7 & 9 begin and continue until Thursday, 14 May
- P & C Meeting

**Friday, 15 May**
- Catch-Up day for NAPLAN tests
Music News

State Music Camps
Applications for State Music Camps are now open and close on Friday, 1st May.
Dates for 2015:
Junior Music Camp (Years 5 – 8): Sunday, 12 July – Friday 17 July
Senior Music Camp (Years 8 – 12): Sunday 21 June – Friday, 26 June
Cost is $620 but there may be a discount of $250 for country students.
Go to the Arts Unit website www.artsunit.nsw.edu.au for more information. Applications can only be made online.

Want to win $500?
Clean Energy for Eternity Enduro Bike Ride at Tathra on Sunday 7 June.
$500 prize for Musicians
Play at Cyclists stops
Cyclists vote for best performers
For more information phone Prue Kelly on 0418 161 547 or go to cleanenergyforeternity.net.au

Perisher Peak Festival
5 – 8 June
Calling young Musicians
Perisher Peak Festival and South East Arts are offering young local musicians the opportunity to perform at the festival Youth Stage. Performance spots of 15 minutes are available on the afternoon of either Saturday, 6 or Sunday, 7 June.
Performers will receive the following benefits:
Be part of the 2015 Peak Festival program
A chance to perform to peers and industry professionals
Festival Day Passes for performers, 2 parents and siblings
Free Skitube or National Park Entry
P/A and other technical gear provided.
Original/traditional music or more obscure material by lesser known artists is encouraged. Applicants need to provide an expression of interest to South East Arts by 23 May. See Ms Montgomery for application forms.
For more information contact Andrew Gray agray@southeastarts.org.au or phone 0429 909447.

Bega High School Uniform Shop
Open each Thursday of the school term
8.30 am to 4:00 pm
For enquiries phone: 0417028864

Attendance: It’s not OK to be away!
The way you train is the way you play; if you miss training or train poorly, then you’ll perform below our potential. Attending classes and applying yourself well follow the exact same principles.
Developing gaps in a students’ knowledge base severely restricts his/her understanding and progress. It is difficult enough to make up lost ground when a student is genuinely ill, but verging on impossible when away for unjustifiable reasons. Such condoned absences also show a state of mind that places a low value on a student’s education.
The days of starting at the bottom of an organisation and working your way up are virtually gone. Entry for most jobs/careers relies on a certain level of education and both the willingness and capacity to pursue further training.
Parent condoned absences are eroding students’ chances; let’s stop the rot.
Should you require support in saying NO to your son/daughter in regard to any absences other than illness, please contact his/her Year Adviser immediately.
Be on Time, Be at School, That’s the Rule!

WANTED
The following items are required by Mr Green’s class for use in the End of Year Concert.
The Items will NOT be returned.
They will be chopped up, painted, ripped to pieces, etc.
- Bicycle helmets x 7
- Onesies (plain colours preferred)
- Really bright (beaded) necklaces
- Any material (heaps! Browns / ochres or African style prints)
- Skirts/Dresses/Saris/tights in the same style
- Hospital Crutches (prefer the new aluminium style)
- Large feathers
- Fake fur
- White small overalls
Year 9 Food Technology

Adamriginal Concert

On Thursday, 19 March, Adam Hill a Dhungatti Aboriginal artist and performer presented an original, humorous and highly energetic program of song, puppetry, language, personal stories and Yidaki (didgeridoo) playing for Years 9 and 10 Elective Music classes, selected Year 8 students and all of Year 7.

Adam was here two years ago and the students who saw him then were very keen to go again. Once again he presented an amazing and entertaining program that delighted everyone who attended. Students especially enjoyed his interaction with the audience. Some students were lucky enough to be on stage with his puppets and musical performances.

Adam complimented all students on their excellent behaviour and is looking forward to visiting Bega High again in the future.

Ms Montgomery
Music teacher
Community & Family Studies - Roles in Groups

Year 11 CAFS had to put up tents for a class activity and then examine the roles that they played when doing so. The main roles they were looking at were:

1. Task/Oriented
2. Social/emotional orientated
3. Destructive oriented

Some groups did the activity very well while others struggled to complete the task.

J Green

Bega High School

Absentee Hotline: 6492 9010

If your child is going to be absent from school, please telephone with the following information:

   Student Name
   Roll Class
   Date of Absence
   Reason for Absence
   Your Name

All other enquiries: 6492 9000
Traditional Indigenous Games-
Presenter Training

On Thursday 26 March a group of students (Indigenous and non-Indigenous) were involved in a Department of Sport and Recreation program to increase awareness of and introduce children to traditional Indigenous Games.

The presenter was Ethan Williams who started the day by introducing the history of the collection of games and the resources available online to assist young people who might be teaching the games. He then gave the students much needed and essential information about organising children for games and activities. This involved making the games simpler or more complicated, ensuring safety, and keeping the kids in line, or behind markers etc.

Our students then moved outside to sample some of the games. Ethan and Mark Rose set up a series of game stations to allow the students to easily progress from one game to the next.

The activities were varied and interesting. Some involved hitting a ball away from, and “protecting” a set of stumps (related to women protecting their babies), whilst others involved throwing a ball at a target on the ground (related to men trying to wound and capture an animal). All who participated enjoyed the games. Those students who completed the sessions with Ethan and Mark will be presented with a Certificate of Participation, which acknowledges their training.

It is hoped that during NAIDOC week celebrations, students will be able to share their new knowledge and skills with local Primary School students. Congratulations to all students who participated on the day.

Bronwyn Morris
Squash Report - Zone and Regional KO for NSW Combined High Schools Competition

Tuesday 24 March 2015

Three teams left Bega High at 6 am to travel to Canberra to participate in the zone and regional knock out. Troy Northey and Zip Summerell - both stalwarts of Bega Squash Club - helped us with travel.

The competition started with a round robin occurring between Monaro High, Mulwaree High, Nowra High and the Bega High teams. We fielded two boys' teams and one girls' team.

The Bega girls' team won convincingly on the day. Our team comprised of Nikki Tarlinton, captain (year 11), Chloe Harlow (Year 10), Millie Boyle (year 11) and Gabriella Tarlinton (year 8). The other teams participating this year were not as strong as Bega High and our girls won all their matches easily. The fun part of the day was the opportunity to play doubles, which the girls had not experienced before. And which Bega also won.

The A team boys also faced lacklustre competition this year. Blake Dowling (year 11) captained the team to a victory. Also on the team were Scott Galeano, Jordan Tarlinton and Joel Tamatea (all year 11). The boys easily won all their matches.

The B team boys probably enjoyed the best competition as they were in some ways more closely matched to the other schools. Alexander Eadie (year 8) captained the team, which included Riley Joyce (year 10), Isaac Tarlinton (year 9) and Aidan Coady (year 10). The boys won all their matches. The closest battle was against Monaro High, however, Bega managed to win on a count back.

Final results: first place boys - Bega A, second place - Bega B
Final results: first place girls - Bega!!

The day culminated with Nikki having the opportunity to play a few games against Tiana Saxby, who was ranked number three for the combined NSW school girl team which played against Queensland in 2014. Nikki was overwhelmed at first but ended up enjoying a tough experience, and scored several points each game as well! Then Blake was given the opportunity to play Tiana. He not only scored several points, but managed to win three games against her. (Obviously Nikki had worn her out in the previous match!)

Everyone enjoyed the day and our students are to be congratulated for not only winning, but also doing so with great sportsmanship! These students were great ambassadors on the day!

What’s next?
Both girls and boys teams now progress to the State knock-out final 16 schools. This will take place next term.

Congratulations to all players and good luck with the State Knock-out!
Year 8 Term 1 Visual Art Painting Unit
Cross Country Run, Wednesday, 1 April
University of South Australia

The prevalence and effectiveness of anti-bullying approaches in Australian schools study

Bega High School has volunteered to be part of a national study to discover what schools are doing to tackle bullying. Schools from across Australia will tell of their anti-bullying approaches and what is working well. Information will be collected from students, parents and teachers.

A final report will be available in December and will summarise what is being done about bullying by Australian schools. The report will not name individual schools.

At the beginning of term two, students from our school who are in years seven to ten will be invited to complete an on-line survey during school time.

Students may only participate if they return the consent form signed by their parents.

We invite parents to join in this research. Your views are very important and what you say can help us to understand what is happening and how the lives of children at school can be made safer and happier.

You can complete the anonymous on-line questionnaire at http://tinyurl.com/RigbyPS2015

The staff at our school will also join in the study.

We think this is important research and we are pleased that our school will contribute to a better understanding of what Australian schools are doing to tackle bullying.

Please contact Mark Freedman, Head Teacher Welfare, if you would like further information.

You can find out more about this survey at http://www.kenrigby.net/School-Action

Bega High School NEWSLETTER via EMAIL

In order to reduce costs to the school and the environment, the school environment committee is asking parents/caregivers, who have access to the internet, to receive the fortnightly newsletter by email. Could you please complete the slip below and return it to the front office, or send an email including your student/s names to bega-h.School@det.nsw.edu.au

Could I please have the Bega High School Newsletter delivered via Email:

☐ I have changed my email address.

Email Address:

_________________________________________________

Student’s Name (Youngest in family at Bega High):

____________________________________ Roll Class: ___

Parent/Guardian Signature: __________________________

Secondhand Bega High School Uniforms

Any unwanted uniforms in reasonable condition would be greatly appreciated

All sizes needed

Donated items can be left at the school office
Melinda Smith will be visiting the University of Wollongong’s Bega Campus. Melinda will share a poetry reading and discussion with us. You are warmly invited to this special event.

Melinda Smith is a Canberra-based poet. She won the 2014 Prime Minister’s Literary Award for poetry with *Drag down to unlock or place an emergency call* (Pitt St. Poetry 2013). Her work has appeared in many local and overseas magazines and anthologies. In 2015 she will be appearing at the Sydney Writers Festival, as well as the National Folk Festival, the Newcastle Writers Festival and UoW Bega.

WHEN: Friday 1 May 2015

WHERE: University of Wollongong
Bega Campus
Room: G12

TIME: 5:30-6:30pm followed by refreshments in foyer

RSVP: jodies@uow.edu.au or mgadges@uow.edu.au

Landcare Wild Youth Adventure for Years 8 - 9
Two nights from 5 pm Friday 29 May to 1 pm Sunday 31 May
Bike, bush and canoe journey from Quaama to Bermagui
with 1 night camping & 1 night in a train carriage bunkhouse
with landcare along the way
($98 thanks to Far South Coast Landcare Association subsidy) book at

The Crossing Land Education Trust - an Aussie not-for-profit camp for youth of South East NSW 'young people on journeys to sustainability'

WGKA Karate Bega, Women’s Self Defence course
Effective easy techniques, Situational awareness
8 Week course
Starts Thursday, 30th April, 5:30 – 6:30 pm
$125, half price for those that attended last course and any ex members of WGKA, Course conducted by Adam Ross 5th Dan, 30 years training, Sandy Rogers 3rd Dan, 13 years training, Assisted by Jenny Robertson,
Ph 0409413242 and check us out on Facebook(wgka karate Bega)
First Bega River Festival

For the very first time a River Day is being planned to celebrate the completion of pathways from Bega Bridge to Tarraganda Bridge and seek community support for the next stages.

River Day will be held on Sunday 24 May between 10 am and 3 pm hosted by the Bega River And Wetlands Landcare Group (BRAWL) with the support of Bega Valley Shire Council, South East Local Land Services and On Track.

It will be a free, fun family day where everyone is encouraged to walk, ride, jog, hop, skate or roll the growing network of paths and trails around the Bega River Reserve from the old Racecourse through to the Bega Cheese Heritage Centre.

With lots of activities for all ages and abilities, you can enjoy what’s already there or find out about the next exciting stage. Plant a tree, spot a bird, fly a kite, learn lots or just kick back and enjoy the best of Bega with friends and family.

You can drive, ride or walk to River Day and if you can’t manage a picnic, there will be refreshments for sale. Well behaved dogs are very welcome and in the event of rain, bring your brolly but the main request at this stage is to keep the date free.

If any community group and not for profit organisation would like to promote their work or get involved with River Day, please contact Vickie Goldsmith on 0411 392 333

TANJA MARKET DAY - 9th May 2015

PLEASE book your stalls ASAP
email: emmacattermole@yahoo.com.au or on 0400 289 262.

THEME: Homemade, Homegrown, Recycled and Sustainable. We have fabulous local artists showing and selling their amazing creations. You don’t want to miss out so please contact Emma, above.

A great family day out, fabulous house made food, great Barista made coffee, handmade lemonade, all day BBQ...plus loads more.

Please some and help us fundraise for the Tanja School P&C
Hope to see you there.....day before Mothers Day!

TERM II classes resume at fLiNG Physical Theatre

Classes in Hip Hop, Contemporary Dance, Ballet and Gymnastics, all ages and levels.

Special boys only and Adult classes.

Get moving this winter, stay strong, healthy and warm! www.flingphysicaltheatre.com.au / 64920222 / admin@flingphysicaltheatre.com.au

NEW fLiNG Company Performance - RULE OF THREE

A triple bill of choreographic work that will entertain, amaze and delight!

MAY 15 - 24 @ Bega Indoor Stadium

Tickets: www.trybooking.com/HLTH
Contact: www.flingphysicaltheatre.com.au
fLiNG Physical Theatre PO Box 63A Bega NSW 2550 http://www.flingphysicaltheatre.com.au
subscribe to E-newsletter http://eepurl.com/AcQk1

SAPPHIRE TEAMS

2 HOUR MOUNTAIN BIKE CHALLENGE

Saturday, 2nd May at Sapphire Coast Anglican College

Details:  9 – 10 am:  Primary school teams (year 5 & 6)
10 – 11 am:  Balance pole and pump track trials (everyone)
11 – 1 pm:  High school & adult teams

Teams are challenged to complete as many laps as they can in the allotted time.

Cost: $5 for primary children and $10 for high schoolers and adults

Prizes: cash prizes (sponsored by John from Tarra Motors) and giveaways (sponsored by Sportspower)

Enquiries: email    jake.lambie@scac.nsw.edu.au

Women’s Wellbeing

PILATES

FRIDAYS 10.30 – 11.30 am:  8, 15, 22, 29 May 2015
To be held at Women’s Resource Centre 14 Peden St Bega
Secure your place phone Gabrielle 6492 1367

Music and Song Writing

WIMJAM FOR WOMEN

Thursdays 7, 14, 21, 28 May 2015
Mornings:  10 - 1 pm gold coin donation

Gabrielle Powell, Coordinator
Women's Resource Centre, Southern Women's Group Inc.
14 Peden St Bega NSW 2550
Phone: 02 6492 1367 Fax: 02 6492 1129
Email: wrcbega@bigpond.com
www.womensresourcecentre.org

Your family can get FREE dental care

Did you know...?

- ALL CHILDREN under 18 years old can have FREE dental care
- Have a government concession card? You are eligible for FREE dental care
- Anyone listed on your government concession card are also eligible for FREE dental care
- Waiting times are reducing due to extra funding so it’s a good time to register your family!

CLINIC LOCATION

Pambula Community Health Centre

PHONE 1800 450 046
Learning Labs is an academic enrichment program for high achieving students in Year 7 to 10. Workshops are held in the July school holidays. All workshops are held over two days and cover a range of disciplines, presented by university academics and specialists who are experts in their field.

When: 2 – 3 July 2015
Fee: $155
Where: UOW Main Campus & iC Campus, Wollongong

Learning Labs for Years 7 – 10:
- 3D Printing and CAD modelling: become a maker!
- Creative Writing for beginners and beyond
- Crimes against people and property
- Digital Media
- Fantasy: Film and Fiction
- Getting your head around the Brain
- History – Weird wild conspiracies
- Introduction to building video games
- Nerds, Geeks and Fandom
- Painting: The life of things
- The Power of the Imagination: an actor in action
- Visual arts photography
- Myth busting Physics

Learning Labs for 7 – 8 only
- Brain Challenge
- Investigate Scientifically using Lego Robots

Learning Labs for Years 9 – 10 only
- The A1IM experience – You’ll be exploring 3D Printing, Nanotechnology and Microscopy.

For more information about individual workshops, sponsored places and how to apply, please visit www.uow.edu.au/in2uni-myway/learninglabs or contact Sarah Smith at sarsmith@uow.edu.au
STUDENT NAME: ____________________________

DATE(S) ABSENT: ____________________________

Reason for absence or leave:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Parent/Caregiver Signature ____________________________ Date ____________

STUDENT NAME: ____________________________

DATE(S) ABSENT: ____________________________

Reason for absence or leave:

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Parent/Caregiver Signature ____________________________ Date ____________

STUDENT NAME: ____________________________

DATE(S) ABSENT: ____________________________

Reason for absence or leave:

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Parent/Caregiver Signature ____________________________ Date ____________