Principal’s Report
The last two weeks have been no different from previous weeks in terms of the many learning opportunities and successes evident throughout the school and in the local area. There has been a mixture of cultural, sporting and academic highlights and collaboration in planning for the future of Bega High School students.

Paraphrasing Dr Mike Kelly who spoke at the recent opening of an exhibition entitled “The Great War: Tales from the South Coast” at the Bega Pioneers’ Museum, we need to remember the efforts of our soldiers, and everyone else who went through World War 1 and other conflicts last century, and make sure that we make the most of every day, as we really do live in a place with many opportunities and resources because of their sacrifices.

The actual exhibition and the museum itself are testament to many volunteers and businesses working together to retell the history of Bega communities and at least one visit to 87 Bega Street is a valuable learning experience for students and families alike.

See Mrs Champagne for more details or to suggest an activity that includes a visit to the Bega Pioneers Museum.

Year 7 and 8 students enjoyed a social gathering (called a disco a couple of decades ago) in the school hall on Thursday 19th March. Again, this was the result of the SRC team working together to sell tickets and food and to decorate the hall while many teachers, led by David Britton supervised and enjoyed the music. At the same time, year 7 parents took advantage of the opportunity to visit with class teachers and get an update on their children’s transition to secondary school.

Michelle Smith, Head Teacher Science and Agriculture, introduced the same parents to the Parent Portal in the school’s web-based database. It means that, with a unique username and password, families can access student learning data and attendance details and many other pieces of information uploaded to the database and school website. Please ring the school for more details.

The same Thursday saw a performance for Music students in the hall. Adamoriginal performed his own style of didgeridoo playing along with song, puppetry, language and personal stories. Thanks to Mrs Montgomery and Ms Cullen students were able to make the most of another opportunity to learn about different musical and cultural contexts, outside the classroom.

This experience was preceded by a great honour for Bega High School in the school hosting a workshop featuring dancers from the Bangarra Dance Troupe on Monday 16th March.

Once again, staff coordinated students and the visitors so that they could make the most of our facilities and the time available. Students from as far afield as Ulladulla, Narooma and Bombala joined twenty-two Bega High School Aboriginal students in developing and performing dance routines with the guidance of professional dancers. The Department of Education Arts Unit chose students to develop their skills and make the most of more opportunities in Sydney.

Congratulations to Darnell Andy, Lincoln Callaghan and Lawrence Davis on their selection.

Year 7 students, Marnie Arentz, Josephine Bonney, Serena Claringbold and Matt Rollason joined student leaders from Bega Valley Primary School on a 2 day camp at Wambiri Lodge, in week 9. They got out of the classroom to develop skills as mentors and positive role models for year 6 students, and they willingly jumped at the chance to make the most of a new challenge when approached by their year adviser, Mr Green. All they needed was their camping gear and a “great attitude” and no electronic devices!

By early term 2 the 2015 – 2017 School Strategic Plan will be available on the school website. It has been developed from various consultations, surveys, and discussions and will look very similar to plans of all other public schools in the valley. Each school, however, has unique strategic directions that reflect the school community’s values, expectations and educational processes for supporting all students to achieve now and into the future. The document is designed to be reviewed and revised in terms of achieving milestones and the appropriate allocation of physical, financial and human resources. Feedback and suggestions are welcome and there will be many opportunities for consultation and collaboration on the implementation of processes and strategies over the coming years.


Teachers will also spend time identifying strategies for enhancing student achievement in the last years of high
school. One of the strategies will be related to increasing student attendance and engagement in their learning. In term 1 the attendance rate showed some improvement – 90% - most students attended 40 out of the possible 47 school days. This needs to become a habit for all students so they can make the most of all the learning and opportunities available in the classroom and beyond, then to be able to expand their knowledge and skills and give themselves more career and study options.

Students are expected to return to school on Tuesday 21st April, with the exception of year 12 students – TVET and study day.

We look forward to another challenging and productive term, in partnership with students, parents and the community.

Mrs Linda Thurston
Relieving Principal

Coming Events

Monday, 30 March:
- Year 11 Boot Camp – University of Wollongong
- Year 12 Half Yearly Exams continue until Thursday, 2 April

Tuesday, 31 March:
- Zone Tennis at Batemans Bay
- SRC Induction

Wednesday, 1 April:
- School Cross Country Run
- Support Unit Excursion to Potoroo Palace
- MultiLit group Excursion to Magic Mountain
- Rugby 7s Finals in Canberra

Thursday, 2 April:
- LAST DAY TERM 1

Friday, 3 April:
- GOOD FRIDAY

Term 2

Monday, 20 April:
- Staff Development Day – NO STUDENTS ATTEND

Tuesday, 21 April:
- All students return to school
- Bega Valley Shire Council Work Inspirations for Years 9 & 10
- Year 11 Boot Camp – University of Wollongong Bega (2 days)

Monday, 27 April:
- Bega Valley Shire Council Work Inspirations for Years 9 & 10

Wednesday, 29 April:
- Year 7 Vaccinations
- Personalised HSC Exam timetables released

Tuesday, 5 May:
- Year 11 Rotary Driver Awareness Program at Frogs Hollow

Friday, 8 May:
- Zone Cross Country Run at Wolumla

Tuesday, 12 May:
- NAPLAN tests for Years 7 & 9 begin and continue until Thursday, 14 May
- P & C Meeting

Friday, 15 May
- Catch-Up day for NAPLAN tests

This well-resourced exhibition will be visited by Year 9 History students to expand their understanding of World War 1 in terms of the local sacrifices made to the war effort, which they study as part of the new History syllabus.

As HSC students enter their review period they will also visit the exhibition to reinforce their studies in this area.

Sharon Champagne
Relieving Head Teacher
HSIE Faculty
Bangarra Dance Workshop, Monday, 16 March

The Whole Group

Bega High School group with Cathy Thomas who has been teaching some of the girls

Bird

Crushing the ochre

Bermagui Seaside Fair Photography Competition Winners

Jessica Martin in Year 11 Photo/Video, won the People’s Choice Award for her digital photo titled, ‘Peek a Boo’ of her dog peering around the edge of a bin.

Sasha Millhouse in Year 12 Photo/Video came Second for his black and white film photo, titled ‘Eshers Door’ that he developed in the darkroom at school and shot while he was travelling overseas last year.

Both student received vouchers from Fletchers Fotographics, and twenty five dollars each.

I wish to congratulate both these very talented photographers for their well-deserved wins.

Judith de Vere
Photo/Video teacher
Golden Gig
Year 11 and 12 Community and Family Studies classes assisted in the running of the annual “Golden Gig” luncheon at Club Sapphire Merimbula on Tuesday March 17th 2015. The students helped with serving food and beverages to the senior citizens.

Students are studying the core topics of “Groups in Context” and “Resource Management” which investigates the wellbeing of people through the lifespan. Students will receive a certificate of thanks for assisting on the day.

J Green
Bega High School Cross Country Run 2015

Date: Wednesday 1 April 2015
Venue: Bega Recreation Field 1

Uniform: PE uniform is required to be worn.

Additional information: Please bring a drink bottle that can be taken on the run/walk if you need it. Asthma sufferers are asked to bring their medication.

On Wednesday the first 3 lessons will be normal, lunch will be held during period 4 followed by an assembly at 1.00 pm.

Students will be supervised on the walk to the Recreation Field via Auckland St. and cross the highway at the lights. They will return to school in the same manner at the end of the day.

NO STUDENTS ARE TO CATCH BUSES AT THE PRIMARY SCHOOL.

All students at school are expected to be in their event unless they bring a note from their parents/carers for an exemption.

Students have been doing cardio respiratory training during their PE lessons so they should know how to pace themselves on a longer run.

The emphasis on the cross country is to have fun with your friends in the fresh air and an added bonus could be you achieve a goal set by you. You may even win the event or come a place!

The zone cross country will be held in Wolumla - Term 2, and the first 6 placegetters will win a spot in the school team.

Run for life
Mrs J Green
Head Teacher PDHPE

Cross Country Program and distances-

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>DISTANCE</th>
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<tbody>
<tr>
<td>1. 12 YEARS BOYS AND GIRLS</td>
<td>3 KILOMETRES</td>
</tr>
<tr>
<td>2. 13 YEARS BOYS AND GIRLS</td>
<td>3 KILOMETRES</td>
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<tr>
<td>3. 14 YEARS GIRLS</td>
<td>4 KILOMETRES</td>
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<tr>
<td>4. 15 YEARS GIRLS</td>
<td>4 KILOMETRES</td>
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<tr>
<td>5. 16 YEARS GIRLS</td>
<td>4 KILOMETRES</td>
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<tr>
<td>6. 16 YEARS BOYS</td>
<td>6 KILOMETRES</td>
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<tr>
<td>7. 17 &amp; 18 YEARS BOYS</td>
<td>6 KILOMETRES</td>
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<tr>
<td>8. 17 &amp; 18 YEARS GIRLS</td>
<td>4 KILOMETRES</td>
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<td>9. 14 YEARS BOYS</td>
<td>4 KILOMETRES</td>
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<tr>
<td>10. 15 YEARS BOYS</td>
<td>4 KILOMETRES</td>
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Physical Activity and Nutrition Survey

On Tuesday 24\textsuperscript{th} March 4 Field officers from the University of Sydney came to Bega High School to conduct the physical activity and nutrition survey.

8A, 8M, 10.3 and 10.4 PE classes were randomly selected by the organisation to participate. Only the students with permission had their results recorded and used for this large investigation, which consisted of:

**Survey:** Whilst students complete the hard copy questionnaire, concurrently two field officers measured each child’s height, weight and waist circumference.

**Practical:** Seven Fundamental Skills were assessed including the sprint run, vertical jump, side gallop, catch, throw, kick, and leap.

**Fitness testing:** Standing broad jump to measure muscular fitness and - 20MST (‘beep test’) to measure cardio-respiratory endurance.

Photos show year 8 students participation
Zone Volleyball

The Zone Volleyball was held at the Bega Indoor Stadium on Wednesday 17th March.

The Girls teams entered were Bega, Bombala, Eden, and Queanbeyan. Bombala High School won the event. Bega High school girls enjoyed the event immensely and have begun training for next year. Well Done.

The Boys teams entered were Bega, Bombala and Eden. Bega High School Boys won the event in convincing style as they have been working hard on their skills during most lunch breaks. They now advance to the regional semi-finals to be held in Nowra week 5 next term.

Well Done and good luck for the next competition.

<table>
<thead>
<tr>
<th>Boys</th>
<th>Year</th>
<th>Girls</th>
<th>Year</th>
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</thead>
<tbody>
<tr>
<td>Cochrane Tate</td>
<td>12</td>
<td>Bolante Bibian</td>
<td>10</td>
</tr>
<tr>
<td>Crosbie Kalan</td>
<td>12</td>
<td>Durrant-Curtis Morgan</td>
<td>10</td>
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<tr>
<td>Denasha-Andrew, Auren</td>
<td>12</td>
<td>Grosse Ellie</td>
<td>11</td>
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<tr>
<td>Lohan Kain</td>
<td>12</td>
<td>Lee Melanie</td>
<td>10</td>
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<tr>
<td>Robinson Jacob</td>
<td>12</td>
<td>Terry Rose</td>
<td>11</td>
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<tr>
<td>Stern Dizzi</td>
<td>11</td>
<td>Woods Isabel</td>
<td>11</td>
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<tr>
<td>Weafer Callum</td>
<td>12</td>
<td>Zweck Tabitha</td>
<td>11</td>
</tr>
</tbody>
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J Green

WANTED

The following items are required by Mr Green’s class for use in the End of Year Concert.

The Items will NOT be returned.

They will be chopped up, painted, ripped to pieces, etc.

- Bicycle helmets x 7
- Onesies (plain colours preferred)
- Really bright (bead) necklaces
- Any material (heaps! Browns / ochres or African style prints)
- Skirts/Dresses/Saros/tights in the same style
- Hospital Crutches (prefer the new aluminium style)
- Large feathers
- Fake fur
- White small overalls

J Green

Bega High School Uniform Shop

Open each Thursday of the school term
8.30 am to 4:00 pm

Second hand Uniforms for Sale
- Navy Skirt, Size 10 - $10.00
- Sports Polo, Size 10 - $5.00
- Sports Shorts, Size 12 - $10.00
- Senior Polo Shirt, Size 12 - $5.00

See Robyn or Angela at the Uniform Shop
For enquiries phone: 0417028864

Bega High School
Absentee Hotline: 6492 9010

If your child is going to be absent from school, please telephone with the following information:
Student Name, Roll Class, Date of Absence, Reason for Absence, Your Name

All other enquiries: 6492 9000
Enrichment, Education, Excitement - Become a Volunteer Host Family!
World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2015. Our students from Canada, Denmark, Ecuador, Italy, Belgium, the USA, and France are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

Hosting Is Fun! Find Out more!
Getting to know your student before he or she arrives brings fun and joy to everyone involved. To help you make this important decision, contact WEP today to receive a full information pack for your family.

Sylvia Kelly
Manager – Inbound Exchange Programs
Phone: 1300 884 733 Email: info@wep.org.au
Online: http://www.wep.org.au

LEARN ABOUT YOURSELF!
“'The real voyage of discovery consists not in seeking new landscapes, but in having new eyes”. (Marcel Proust, 19th century novelist)
Volunteer to host an international high school student through Southern Cross Cultural Exchange and prepare to be amazed at how this unique and rewarding experience can help bring your family together, understand themselves better and see the world in a new light.
We have students aged 15-18 arriving from France, Germany, Italy, Spain and Scandinavia in July 2015 who are seeking welcoming families all over Australia, in both rural and urban communities. They will live like a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange.
Capture the spirit of family and friendship - visit us on Facebook or at www.scce.com.au, email scceaus@scce.com.au or call us toll free on 1800 500 501 to request a booklet of international student profiles.
Close-Up Ceramics Workshop
Explore hand-built ceramic techniques with artists Joy Georgeson, Rachel Annabel and David Stocker.

Make original small art-works, POSTCARD size at a FREE ceramics workshop to be run as part of Youth Week.

The workshop will be held on
Sunday 19th April, 10 am - 4 pm,
at Valley Potters Studio, Old Bega Hospital, for those aged between 12-24 years of age.

All materials will be supplied with a maximum of 18 participants. Book now at Spiral Gallery, 47 Church Street, Bega, phone 6492 5322. There is a refundable $20 deposit required to secure your spot, to be paid by 11th April.

The workshop will explore ceramics techniques through creating postcard size artworks. Morning and afternoon tea is provided, bring your own lunch and wear old clothes.

Create works you can enter in Spiral Gallery’s POSTCARD Exhibition to be held in July. Over 300 entries were received for the Postcard Exhibition in 2014 and there is a youth category with great prizes to be won.

If you have any queries, please contact Rachel Annabel on 0418 923 463. Text Rachel and she will ring you back. Or email: rachelfrombega@yahoo.com.au

The Workshops are sponsored by Bega Valley Shire Council and Spiral Gallery Co-operative.

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Jacqui Britton – Dunning Band Night
Saturday 11th April
Tathra Pub
5:30 pm – 11:30 pm
Free Bus – Bega 5:30 pm (outside Gloria Jeans)
Monster Raffle, Loud & Silent Auction
Signed Bulldogs, Storm, Raiders and Swans Jersey, Signed Jay Marmont
Accommodation, Firewood, Neal Bates ride and many more
Any questions – 0429 467 262

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Shoalcoast Community Legal Centre
SOUTH EAST NSW WOMEN’S LEGAL SERVICE
FREE LEGAL ADVICE
FOR WOMEN IN SOUTHERN NSW
Bega Outreach Clinic via Skype
on Mondays
between 9:30 – 11:30 am
Monday 27 April
At the Women’s Resource Centre, 14 Peden Street Bega
Appointments are necessary – Freecall 1800 229 529
Mobile phones may incur a charge. We can phone you back

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Melinda Smith will be visiting the University of Wollongong’s Bega Campus. Melinda will share a poetry reading and discussion with us. You are warmly invited to this special event.

Melinda Smith is a Canberra-based poet. She won the 2014 Prime Minister’s Literary Award for poetry with Drag down to unlock or place an emergency call (Pitt St. Poetry 2013). Her work has appeared in many local and overseas magazines and anthologies. In 2015 she will be appearing at the Sydney Writers Festival, as well as the National Folk Festival, the Newcastle Writers Festival and UoW Bega.

WHEN: Friday 1 May 2015
WHERE: University of Wollongong
Bega Campus
Room: G12
TIME: 5:30-6:30pm followed by refreshments in foyer
RSVP: jodies@uow.edu.au or mgaddis@uow.edu.au